



# inmédiats

Innovation • Médiation • Territoires



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## Serious Game



What Food Am I ?

# GOOD N' ME™

## HERE IS YOUR ASSESSMENT

Keep me posted

Age: **33**  
Level of physical activity: **Moderate**

I am colorful because you ate a variety of colorful foods, thank you! I feel amazing!



### WHAT FOOD I AM:

I am

Today, I ate mostly fruit. Eating a lot of fruit is smart! I will remember tomorrow to eat more vegetables and whole grains and just enough dairy and meat.

Shopping by colors

Delicious recipe to try

Watch Crazy Chef make the recipe



Replay

You Recommended

Print

For parents

## Monde virtuel







# Navinum SciencesOnaute







## Living Lab

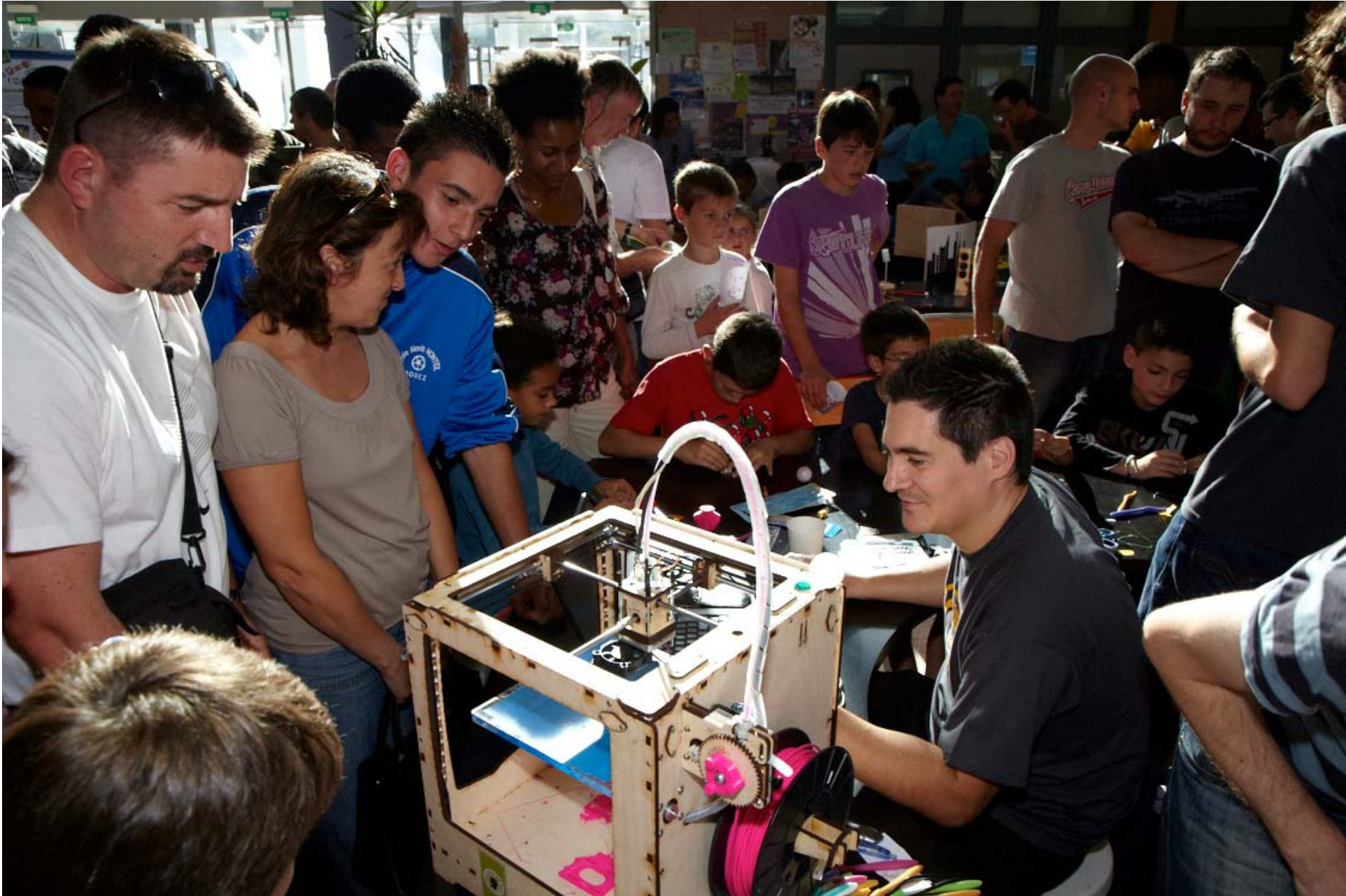






## Fab Lab







## MédiaMobile







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